

GOODNIGHT[®] A19

LSH A19 | STATIC CIRCADIAN LED | SLEEP ENHANCING | E26



FEATURES

- Healthē's GoodNight engineered-spectrum technology helps the body prepare for sleep by kickstarting melatonin production and support the body's natural sleep-wake cycle
- Provides warm white light without the alerting properties found in conventional light sources known to cause sleep disruption
- Suitable for use throughout the evening in living areas and bedrooms as the day winds down
- Naturally regulate your body's circadian rhythm while improving quality and duration of sleep
- Fall asleep faster, stay asleep longer, and wake up refreshed
- Standard A19 form factor with E26 medium base will fit most household lamps

SPECIFICATIONS

SOURCE	
LED	Proprietary GoodNight Engineered Spectrum
CCT	GoodNight 2500K
Lumen Output	700Lm
Melanopic/Photopic (M/P) Ratio	0.3
CRI	>80
Color Chromaticity	SDCM ≤ 5
OPTICAL	
Lens	Polycarbonate Globe Diffuser
ELECTRICAL	
Input Voltage	110–120 VAC
Frequency	50/60Hz
Power Consumption	8.5W
Wattage Equivalence	40WE
Efficacy	82Lm/W
Power Factor	≥0.9
THD	<20%
Dimmable	Yes
MECHANICAL	
Form Factor	A19
Base	E26 Medium Base
Finish	Matte White
Dimensions	4.7 x 2.4 x 2.4 in (120 x 60 x 60 mm)
Weight	0.15 lbs (68 g)
Operating Temperature	- 20C / + 45C (tCase)
COMPLIANCE & WARRANTY	
Certifications	ETL, FCC, RoHS
Environment	Suitable for Damp Locations
Warranty	3 Year Limited

* All data shown is nominal



ORDERING

EXAMPLE: LSH A19 40WE GN 120 SH BX

Product	Wattage	Spectrum	Voltage	Packaging
LSH A19 GoodNight A19	40WE 40 Watt Equivalent	GN GoodNight	120 120V	SH BX Retail Box (SH)